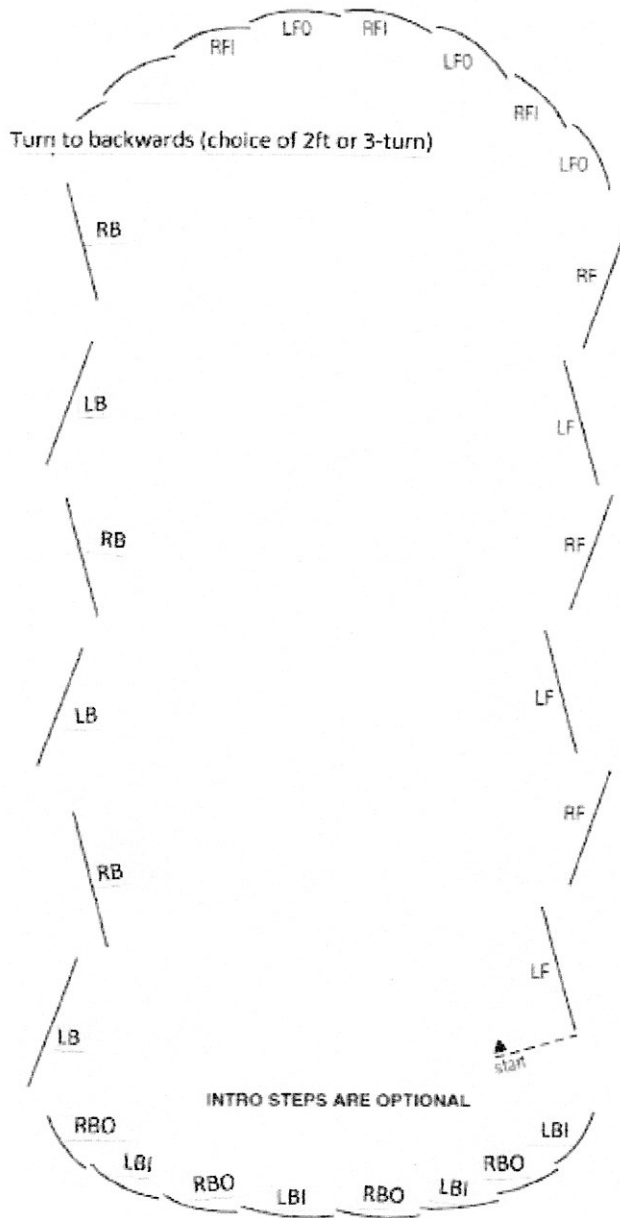


1. Perimeter Stroking (Forward and Backward)

TEST 0 ELEMENTARY

FOCUS: Power and extension

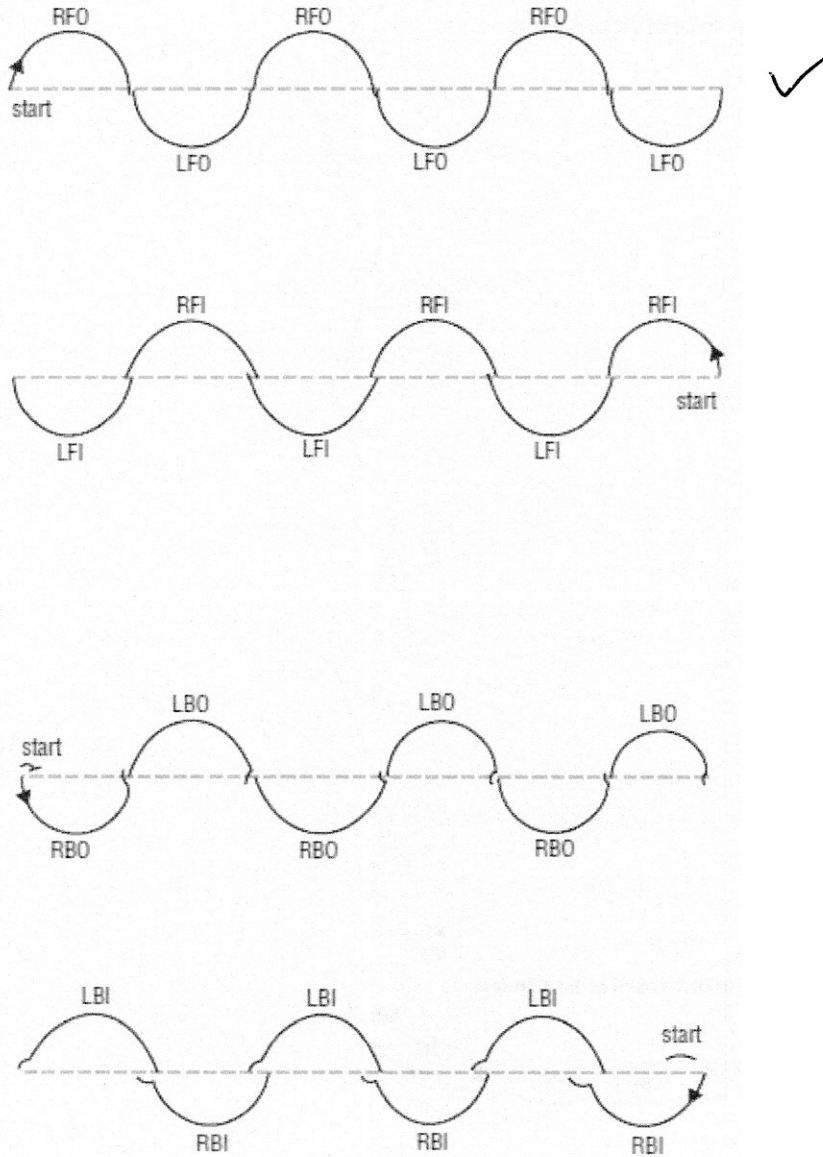
Perimeter Stroking



2. Basic Consecutive Edges

Basic Consecutive Edges

TEST 0 ELEMENTARY

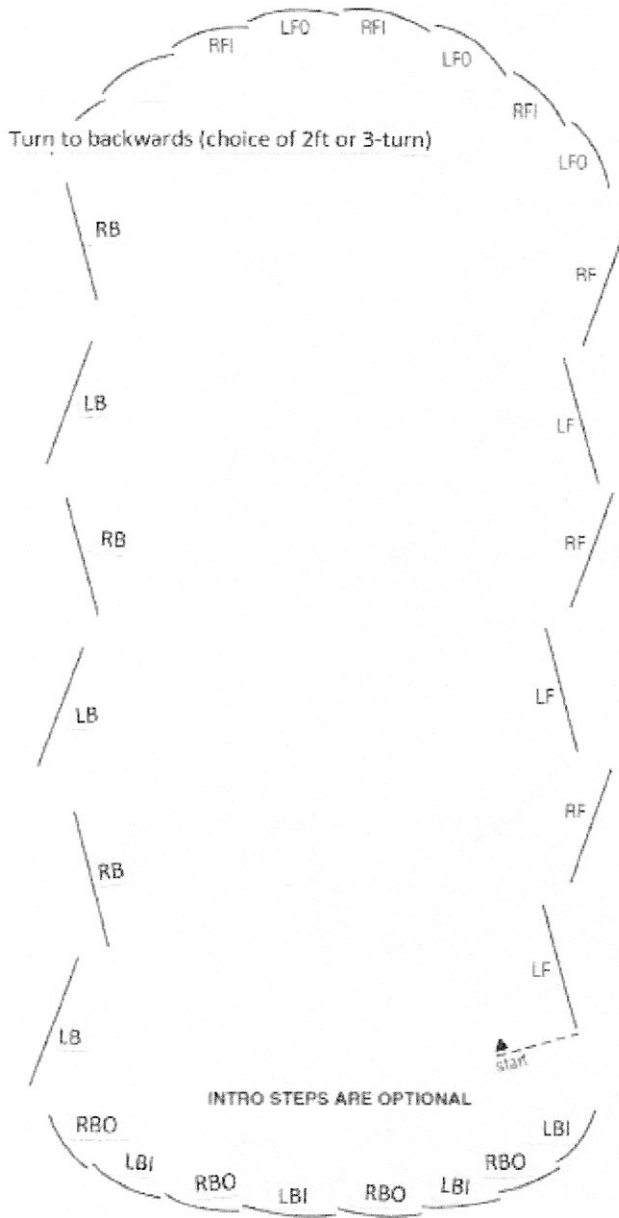


1. Perimeter Stroking (Forward and Backward)

FOCUS: Power and extension

TEST ○ ELEMENTARY

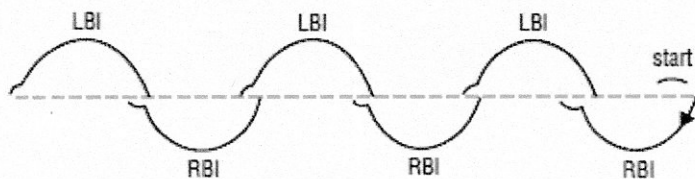
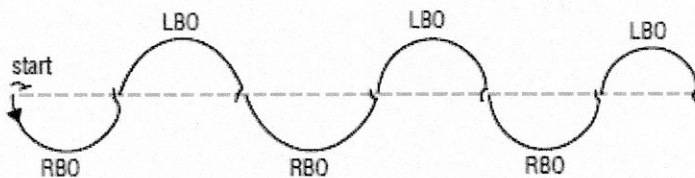
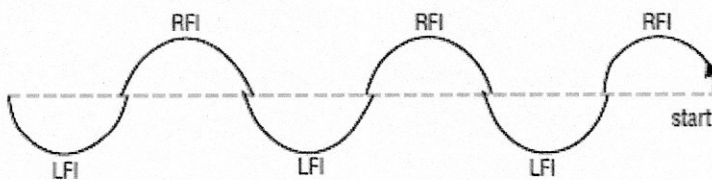
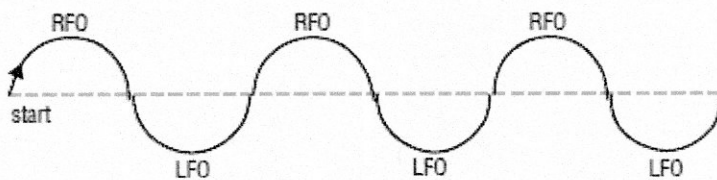
Perimeter Stroking



2. Basic Consecutive Edges

Basic Consecutive Edges

TEST ○ ELEMENTARY



1. Forward and Backward Perimeter Stroking

FOCUS: Forward – Power, extension and edge quality

FOCUS: Backward – Power and edge quality

Forward & Backward Perimeter Power Stroking

TEST 2 INTER BRONZE

