

500 SECTION - TESTS

501 ORDER OF TESTS

All Standard tests are to be taken in numerical order. Competitive tests may be taken by skaters holding Bronze or higher test levels in that discipline, note that there is no required order for sitting Competitive tests. Competitive tests will make the skater eligible to sit the standard test required for the next grade (e.g. Skaters holding the Junior Competitive test may take the Inter-Gold test in that discipline whether or not they hold Silver)

502 GENERAL REQUIREMENTS

502.1 Test fees will be set by the Board each year, and will include the cost of a medal and/or certificate. The General Secretary will supply Clubs with a current list of fees. All costs incurred in the taking of any test will be the responsibility of the Club and/or skater concerned and shall not be the responsibility of the Association.

502.2 All candidates for tests conducted under the rules of the Association must be members in good standing with an affiliated Club and hold a current NZIFSA T/C Registration Number.

502.3 Applications (with fees) for tests are to be made by the candidates to their Club Secretary/ Test Competition Secretary no later than twenty-one days prior to the proposed test date or less at the discretion of the Club Test/Competition Secretary. Application forms for tests must be signed by a Level 1, 2, or 3 NZIFSA accredited coach, as well as a parent or caregiver (or skater if 18+) and their Home Club Secretary / Test Competition Secretary. Apprentice Level 1 coaches must have the test form co-signed by their mentor.

502.4 It is the responsibility of the Club Secretary/Test Coordinator or representative to arrange the ice time for the tests and advise the NZIFSA Test / Competition Secretary or representative who shall arrange the Judges and a Referee, who may be one of the Judges. Clubs may find their own judges, however, the NZIFSA T/C Secretary must be notified of all scheduled test sessions and the judges they are proposing to use so that these can be approved.

502.5 On completion of the tests it shall be the responsibility of the Referee to collect all Judges' sheets (including passes and failures) and hand these to the Club Secretary/Test Coordinator or representative for completion of a test summary form to be sent within seven days to the NZIFSA Test/Competition Secretary.

Payment shall be made to the skater's home club (any cheques to be made out to Club) and then Clubs will be invoiced for the test fees by the NZIFSA.

502.6 If a Referee is not available one of the Judges shall be nominated to take that position.

502.7 Additional tests may be taken (time permitting) at the discretion of the Referee provided the completed test application and appropriate fees have been lodged with the Club Secretary/Test Coordinator or representative.

502.8 A candidate failing a test must wait for three weeks before taking the test again except that in extenuating circumstances, the NZIFSA Test/Competition Secretary may set a date less than three weeks. There is no requirement to wait three weeks after Competitive Test failures if the next attempt is sat in competition as per 506.5.

502.9 A candidate not appearing at the appointed time for their test must send their reason for not appearing in writing to the NZIFSA Test/Competition Secretary within seven days after the test date. Failure to supply a satisfactory explanation to the NZIFSA Test/Competition Secretary will necessitate the reapplication for the test plus another test fee.

502.10 Any withdrawals from a test day (for other than medical or bereavement reasons or exceptional circumstances) must be made a minimum of 7 days prior to the test date. Failure to comply will necessitate the reapplication for the test plus another test fee.

- 502.11 Only test officials, candidates for tests and NZIFSA accredited coaches may be rinkside or in the marshalling area during tests. Apprentice coaches may be rinkside provided that they are under the supervision of their mentor.

503 CONDITIONS OF ICE AND MUSIC

- 503.1 The Referee may call off any test where the condition of the ice or music in their opinion is not satisfactory.
- 503.2 The Referee may stop any test due to rinkside interference or distractions to skaters or judges. Restart point at the discretion of the Referee.
- 503.3 The ice surface will be clear of any distractions other than the skater or skaters taking their test.
- 503.4 An adequate sound system will be used to replay any or all music necessary for the appropriate tests.

504 WHOLE TEST ON SAME DAY

In all cases the whole test must be skated on the same day with the same panel of Judges except for Pattern Dance tests.

505 RESKATES

- 505.1 Free Skating, Pairs, Stroking and Dance - A test which is complete in itself may be re-skated only where external causes interfere. All the Judges must mark the re-skated test as re-skated without reference to the original skating.
- 505.2 Elements in isolation – in the event of a failure during the test and at the Judges' discretion the following re-skates will be permitted:
- Tests 1, 2 and 3 for Free skating and Pairs, two re-skates are permitted. Tests 1, 2, and 3 for Ice Dance, one re-skate is permitted per dance.
 - Tests 4 and above for Free skating and Pairs, three re-skates are permitted. Tests 4 and above for Ice Dance, two re-skates are permitted per dance.
 - In all Free Dance Tests one re-skate is permitted.
 - Competitive Tests for Free skating, and Pairs, two re-skates are permitted. Competitive Tests for Ice Dance, one re-skate is permitted (for Novice this is per dance). No re-skates are permitted for Competitive Tests taken in competition as per 506.5.

The re-skates may comprise the same or different elements. Elements in isolation must be re-skated immediately upon request, without practice. Required elements that have not been performed during the test may not be done as an element in isolation.

- 505.3 **Stroking Tests** – In the event of failure, one element may be re-skated once at the discretion of the Judges, for Test 1 (Preliminary) and higher.

506 JUDGING OF TESTS

- 506.1 Marking must be in accordance with the rules applying to the particular level of skating and any particular rules set out in the test requirements. The closed marking system shall be used for all tests.
- 506.2 The NZIFSA Test/Competition Secretary must approve the judges for all tests. Two judges, each holding the appropriate test judging grading, must be appointed for all tests except as follows. One judge can be used for Elementary tests providing that they are graded with a test level of Bronze or higher. Judges that are graded for Gold or higher test level for that discipline may single panel judge tests up to and including Silver. Competitive Tests must be judged by two NZIFSA judges with the appropriate championship grading (not test judging grading). For Competitive tests only, International/ISU judges may be appointed even if they are not on the NZIFSA list of judges.

- 506.3 The candidate must satisfy each Judge appointed for the test.
- 506.4 A Judge or Referee may not officiate at a test where any of the following circumstances prevail:
- a) When they are closely related (defined as husband, wife, de facto partner, mother, father, son, daughter, sister and brother) to the candidate.
 - b) When they have been a skating partner or a team member of the candidate during the past 12 months in a competition or test.
 - c) When they are closely related to either:
 - i) a coach of the candidate or
 - ii) any person who has been a coach of the candidate during the preceding twelve months.
 - d) When due to extenuating circumstances, a Judge or Referee is required to officiate contrary to Rule 506.4, prior approval must be sought from and given in writing by the Officials Director or nominated representative before the test can proceed .
- 506.5 Competitive Tests – Novice, Junior and Senior Competitive tests can be taken during a competition where there are at least two judges with a championship grading at that level serving on the panel. The test will be judged during the skater’s/couple’s performance at the competition. If the skater(s) decide(s) to take the competitive test under these circumstances, there will be no re-skates available if the skater does not achieve the minimum overall GOE score. Refer to Competitive test requirements as listed under each discipline in this section. All other rules pertaining to tests apply to tests in this situation. If this option is chosen, the skater must declare explicitly on the test form which competition they wish to be assessed at.
- 506.6 Competitive tests – at least one of the judges appointed for a competitive test must be a qualified Technical Controller who will determine whether minimum level requirements are met and inform the rest of the panel. The exception to the above is when skaters test in competition; the final call of the technical panel will determine whether level requirements are met.

507 TEST CROSS CREDITS

- 507.1 Skaters who move permanently to New Zealand, or hold New Zealand citizenship, and have passed tests of an overseas ISU Member country may be exempted from sitting lower level NZIFSA tests as follows provided they submit proof of test passes to the NZIFSA (with elements achieved) and proof of competition level from their previous country.
- a) Skaters at Novice, Junior or Senior level will be granted a cross-credit for the corresponding Free Skate/Stroking/Pairs/Ice Dance test required to enter the respective grade or at the level achieved in their respective country;
 - b) Skaters below Novice level shall start at the Preliminary level test.
 - c) Skaters from overseas, or New Zealand skaters who take tests of another Member Federation, will only have their cross credits considered once.

508 FIGURE TESTS – Deleted in 2006

509 REQUIREMENTS FOR STROKING TESTS

509.1 GENERAL REQUIREMENTS

The Stroking Tests are basic skating moves skated with or without music as an optional choice. The terms and judging standards applied are as for basic skating.

The elements in the Stroking Tests shall be skated in the order as set forth in the schedule of tests.

Stroking turns must be judged in accordance with the criteria set forth in the corresponding Test Rules.

Stroking must be commenced from a standing, stationary position with a minimum number of introductory steps.

If a skater starts a move on the wrong foot or skates a move other than that prescribed, the Referee must draw attention to the mistake as soon as possible. The mistake must be treated as a false start.

Such fresh start must be allowed only once.

Skaters shall select the area on the ice surface for the Stroking Test, directed by the Referee.

509.2 **BASIC RULES FOR STROKING**

An effortless, flowing and graceful execution should be achieved. Within the limits of the following rules, complete freedom is allowed to the skater.

- a) The head should be carried in an upright position, relaxed and naturally held
- b) The upper body should be upright but not stiff
- c) The arms should be held gracefully
- d) The free leg should be extended with the toe pointed

The steps must be skated in accordance with the diagrams and descriptions. The number of steps must be skated as prescribed. Subject to a general conformity with the basic requirements, complete freedom is allowed to the skater with respect to arm and free leg positions.

Stroking must be skated with good edges, control, flow, extension, carriage and rhythm. An even speed and flow should be maintained throughout. Maximum utilisation of the ice surface is desirable. Ice coverage must not be obtained by the use of flat or shallow edges.

509.3 **MARKING**

Stroking will be judged on a pass/fail basis for each element. In determining this result consideration will be given to:

- a) Accuracy – the correct start, steps and adherence to the general pattern
- b) Edge Quality – characterised by a stable arc and controlled body rotation, the edge ideally without subcurves or wobbles, initiated by placing the body and blade on an angle to the surface of the ice and stepping on the required edge. This edge and arc will ideally commence immediately at the point where the skater takes the ice and travels uninterrupted until a required transition takes place
- c) Extension – the controlled stretching of the free leg complimented by an upright body posture. The height of the extension is determined by the type of movement being executed as is the extension of the upper body. The final extended position should always be attained in a controlled fashion
- d) Quickness – quickness refers to foot speed. It is the precise, rapid and crisp execution of turns, change of edge and transitions, usually in a brisk and continuous cadence. Refinements to acknowledge include quick movement that is quiet, fluid and continuous without disturbing the proper and erect carriage of the upper body and without interrupting the established rhythm.
- e) Power – power is obvious and rapid acceleration, often from a standstill position, achieved by a forceful, gripping pressure exerted by the skating leg and skate against the surface of the ice. Power includes maintaining or increasing speed while executing various skating elements. Power is relative to the size of the skater but can be attained with proper stroking technique.

510 STROKING TESTS - INDEX TO STROKING REQUIREMENTS

ELEMENTARY	TEST 0	Perimeter Stroking Basic Consecutive Edges
PRELIMINARY	TEST 1	<u>Waltz Eight</u> Forward and Backward Crossovers Spiral <u>Step</u> Sequence Forward Power Three-Turns Alternating Forward Inside Three-Turns <u>Alternating Backward Crossovers to Backward Outside Edges</u>
INTER BRONZE	TEST 2	Forward <u>and Backward</u> Perimeter Power Crossover Stroking FO-BI Three-Turns in the Field FI-BO Three-Turns in the Field <u>Forward and Backward Power Change of Edge Pulls</u> <u>Five-Step Mohawk Sequence</u>
BRONZE	TEST 3	<u>Stroking: Forward Power Circle</u> <u>Stroking: Backward Power Circle</u> Eight-Step Mohawk Sequence Forward and Backward Free Skate Cross Strokes Backward Power Three-Turns Forward Double Three-Turns
INTERSILVER	TEST 4	Backward Double Three-Turns <u>Spiral Sequence</u> Brackets in the Field Sequence <u>Forward Twizzles</u> Inside Slide Chasse Pattern
SILVER	TEST 5	<u>Inside Three-Turns/Rocker Choctaws</u> Forward and Backward Outside Counters Forward and Backward Inside Counters <u>Forward Loops</u> Backward Rocker Choctaw Sequence <u>Backward Twizzles</u>
INTERGOLD	TEST 6	Forward and Backward Outside Rockers Forward and Backward Inside Rockers Power Pulls Choctaw Sequence <u>Backward Loop Pattern</u> <u>Straight Line Step Sequence</u>
GOLD	TEST 7	Sustained Edge Step Spiral Sequence Backward Outside Power Double Three-Turns to Power Double Inside Rockers Backward Inside Power Double 3-Turns to Power Double Outside Rockers <u>Serpentine Step Sequence</u>
GOLD STAR	TEST 8	Accelerating Mohawks, Choctaws and Gallops Creative Exercises Expanding Exercises CW, CCW

511 REQUIREMENTS FOR FREE SKATING TESTS

- 511.1 There are nine tests in Free Skating.
- 511.2 Except for Test 0 (Elementary Certificate) to Test 3 (Bronze) and Test 8 (Gold Star), the test shall be the Short Programme per the Championship Grade (Test 4 (Inter Silver) and Test 4C (Novice Competitive) have an additional spin element requirement) and shall be marked accordingly with GOE reductions given for errors as listed in ISU Communications. No additional or un-prescribed elements may be added except for connecting steps.
- 511.3 The Competitive Free Skate tests will follow the ISU requirements relevant to the current New Zealand domestic season, i.e. the next season's rules will come into effect six months earlier than internationally.
- 511.4 Test 0 is marked on a Pass/Fail basis.
For tests 1 – 8, the skaters shall receive Grades of Execution (GOE) marks for the elements and the GOE total to be achieved is as listed for each test. Any element receiving a GOE of –3 must be re-skated (refer to Rule 505 regarding number of re-skates permitted for each test). The presentation/performance of programmes shall be evaluated according to the following three-point scale:
- Exceeds standard expected at this level
 - Meets standard expected at this level
 - Below standard expected at this level
- In order for a test to be considered as a pass, the candidate must attain the minimum GOE total (sum of all GOEs awarded by a judge) from all judges and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

512 FREE SKATING TESTS

TEST 0 ELEMENTARY CERTIFICATE Duration: up to 2 minutes 15 seconds

Perform the following elements to music

- a) Jump combination consisting of only two jumps
- b) Salchow
- c) Toe Loop
- d) Loop, Flip or Lutz
- e) Upright spin (min 3 revs)
- f) Step sequence fully utilising the length of the ice surface

TEST 1 PRELIMINARY MEDAL Duration: 2 minutes 15 seconds +/- 10 seconds

A well-balanced Preliminary programme must contain **7 elements**:

- **Four (4) jump elements, one of which must be a jump combination or sequence.**
There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult will be counted. At least two different jumps chosen from Loop, Flip or Lutz must be included, with one of these executed in combination with any other jump.
- **Two (2) different spins of a different nature (abbreviation),** one of which must be a spin combination with or without a change of foot (minimum of six (6) revolutions in total) and one spin with no change of position and with or without a change of foot (minimum of six (6) revolutions in total).
- **One (1) step sequence** fully utilising the ice surface.

Minimum GOE Total: -2 total for the 7 elements

TEST 2 INTER BRONZE MEDAL**Duration:** 2 minutes 30 seconds +/- 10 secondsA well-balanced Inter Bronze programme must contain **7 elements**:

- **Four (4) jump elements, one of which must be an axel type jump and one which must be a jump combination or sequence.** There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult will be counted.
- **Two (2) different spins of a different nature (abbreviation),** one of which must be a spin combination with or without a change of foot (minimum of six (6) revolutions in total) and one spin with no change of position and with or without a change of foot (minimum of six (6) revolutions in total).
- **One (1) step sequence** fully utilising the ice surface.

Minimum GOE Total: -2 total for the 7 elements

TEST 3 BRONZE MEDAL**Duration:** 3 minutes +/- 10 secondsA well-balanced Bronze programme must contain **8 (Ladies) or 9 (Men) elements**:

- **Five (5) jump elements (Ladies) and six (6) jump elements (Men), one of which must be an axel type jump, one of which must be a double jump (solo or in combination) and one which must be a jump combination or sequence.** There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult will be counted.
Only two (2) jumps with two and a half (2 ½) rotations or more can be repeated either in a jump combination or in a jump sequence. Jumps with less than 2 ½ revolutions can be repeated without this restriction.
- **Two (2) different spins** of a different nature, one of which must be a spin combination, with a change of foot (minimum of ten (10) revolutions) and one a flying spin or a spin with a flying entrance (minimum of six (6) revolutions).
- **One (1) step sequence** fully utilising the ice surface

Minimum GOE Total: -2 total for the 8 or 9 elements

TEST 4 INTER SILVER MEDAL**Duration:** may not exceed 2 minutes 30 seconds

- a) Axel Paulsen (or optional Double Axel)
- b) One double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of two double jumps. The jumps must be different from the jump in b).
- d) LADIES Layback or sideways leaning spin (minimum eight (8) revolutions)
MEN Sit spin or camel spin with a change of foot (Free choice) (minimum five (5) revolutions on each foot)
- e) Spin combination with only one change of foot (minimum five (5) revolutions on each foot). Flying entry is permitted.
- f) One step sequence fully utilising the ice surface

In addition one flying camel spin or flying sit spin (minimum eight (8) revolutions) will be performed as an element in isolation immediately after the programme before any re-skates. For men the position must be different from the spin in one position.

Minimum GOE Total: -2 total for the 7 elements

TEST 5 SILVER MEDAL**Duration:** may not exceed 2 minutes 50 seconds

- a) Single or Double Axel Paulsen
- b) One double or triple Lutz, Flip or Loop jump immediately preceded by connecting steps and/or other comparable free skating movements.
- c) LADIES: Jump combination (double/double, double/triple)
MEN: Jump combination (double/double, double/triple or triple/triple)
The jumps must be different from the jump in b).
- d) Flying Camel or Sit spin (min eight (8) revs in landing position)
- e) LADIES: Layback or Sideways leaning spin (min eight (8) revs in required position)
MEN: Camel or Sit spin with one change of foot (min six (6) revs on each foot in required position). This position must be different from the landing position of the Flying spin.
- f) Spin combination with one change of foot and at least two changes of position (minimum six (6) revolutions on each foot).
- g) One step sequence fully utilising the ice surface.

Minimum GOE Total: -2 total for the 7 elements

TEST 6 INTER GOLD MEDAL**Duration:** may not exceed 2 minutes 50 seconds

- a) Double Axel Paulsen
- b) MEN: One triple jump immediately preceded by steps and/or other comparable free skating movements (free choice)
LADIES: One double Flip, Lutz or triple jump (free choice) immediately preceded by steps and/or other comparable free skating movements
- c) One jump combination (double/double, double/triple or triple/triple). The jumps must be different from the jump in b)
- d) Flying Camel or Sit Spin (minimum eight (8) revolutions in landing position)
- e) LADIES: Layback or sideways leaning spin (min eight (8) revs in required position)
MEN: Camel or sit spin with only one change of foot (min six (6) revs on each foot in required position). This position must be different from the landing position of the Flying spin.
- f) Spin combination with one change of foot and at least two changes of position (minimum six (6) revolutions on each foot).
- g) One step sequence fully utilising the ice surface.

Minimum GOE Total: -2 total for the 7 elements

TEST 7 GOLD MEDAL**Duration:** may not exceed 2 minutes 50 seconds

- a) Double or Triple Axel Paulsen
- b) One triple jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of one double and one triple jump or two different triple jumps.
- d) Flying Camel or Sit Spin (minimum eight (8) revs)
- e) LADIES: Layback or Sideways leaning spin (minimum eight (8) revs in required position)
MEN: Camel or Sit spin with only one change of foot (minimum six (6) revs on each foot in required position). This position must be different from the landing position of the Flying spin.

- f) Spin combination with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) (minimum six (6) revs on each foot)
- g) One step sequence fully utilising the ice surface.

Minimum GOE Total: -2 total for the 7 elements

TEST 8

GOLD STAR MEDAL

Duration: A four minute programme for Ladies (12 elements), and a four minute thirty second programme for Men (13 elements).

The programme must be a harmonious, well-balanced composition with a variety of movements, steps and intricate footwork of a highly advanced nature. The entire programme must be skated musically, athletically and with control and grace

The programme follows the number of requirements for the ISU Senior Free Skate programme but must include at least the following elements:

- a) Double Axel Paulsen
- b) One triple jump
- c) LADIES: One jump combination or sequence of jumps including at least one triple jump
MEN: One triple jump (different to that done in b) combined with the same or a different double or triple jump
- d) Three spins with different abbreviations (minimum of Level 2), one of which must be a spin combination with a change of foot and one a flying spin
- e) One step sequence fully utilising the ice surface.
- f) One choreographic sequence.

Minimum GOE Total: -5 total for the 12 (Ladies) or 13 (Men) elements

NOVICE COMPETITIVE TEST

Duration: may not exceed 2 minutes 30 seconds

- a) Double Axel Paulsen
- b) One double or triple Lutz, Flip or Loop jump immediately preceded by connecting steps and/or other comparable free skating movements.
- c) LADIES: Jump combination (double/double, double/triple)
MEN: Jump combination (double/double, double/triple or triple/triple)
The jumps must be different from the jump in b).
- d) LADIES: Layback or Sideways leaning spin (min eight (8) revs in required position)
MEN: Camel or Sit spin with one change of foot (min six (6) revs on each foot in required position)
- e) Spin combination with only one change of foot (minimum five (5) revolutions on each foot). Flying entry is permitted.
- f) One step sequence fully utilising the ice surface.

In addition one flying camel spin or flying sit spin (minimum eight (8) revolutions) will be performed as an element in isolation immediately after the programme before any re-skates. For men the position must be different from the spin in one position.

Minimum GOE Total: -2 total for the 7 elements.

NOTE: Spins must be a minimum of Level 2 in order to meet the standard expected for this grade

JUNIOR COMPETITIVE TEST

Duration: may not exceed 2 minutes 50 seconds

- a) Double Axel Paulsen

- b) As per ISU Short Programme Group for each year
- c) One jump combination (double/double (ladies only), double/triple or triple/triple). The jumps must be different from the jump in b)
- d) Flying Spin (minimum eight (8) revolutions in landing position) As per ISU Short Programme Group for each season
- e) LADIES: Layback or sideways leaning spin (min eight (8) revs in required position)
MEN: Camel or sit spin with only one change of foot (min six (6) revs on each foot in required position) As per ISU Short Programme Group for each season
- f) Spin combination with one change of foot and at least two changes of position (minimum six (6) revolutions on each foot).
- g) One step sequence fully utilising the ice surface.

Minimum GOE Total: -2 total for the 7 elements.

NOTE: Step sequences must be a minimum of Level 1 and spins must be a minimum of Level 2 in order to meet the standard expected for this grade.

SENIOR COMPETITIVE TEST

Duration: may not exceed 2 minutes 50 seconds

- a) Double or Triple Axel Paulsen
- b) One triple jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of one double and one triple jump or two different triple jumps. The jumps must be different from the jump in b)
- d) Flying Spin (minimum eight (8) revs)
- e) LADIES: Layback or Sideways leaning spin (minimum eight (8) revs in required position)
MEN: Camel or Sit spin with only one change of foot (minimum six (6) revs/foot in required position; must be different from flying spin position executed in d).
- f) Spin combination with one change of foot and all three basic positions (sit, camel, upright) (minimum six (6) revs on each foot).
- g) One step sequence fully utilising the ice surface.

Minimum GOE Total: -2 total for the 7 elements.

NOTE: Step sequences must be a minimum of Level 2 and spins a minimum of level 2 in order to meet the standard expected for this grade.

513 REQUIREMENTS FOR PAIR SKATING TESTS

- 513.1 There are seven tests in Pair Skating.
- 513.2 All required movements stated are included in the ISU Judges Pairs Handbook.
- 513.3 The time allowed for the following Pair Skating tests is stated below. The time is to be taken from the moment the skater begins to move or skate.
- 513.4 Elements designated “solo” in the pair tests shall be performed by each skater in unison.
- 513.5 Except for Test 1 (Preliminary) to Test 3 (Bronze) and Test 8 (Gold Star), the test shall be the Short Programme per the Championship Grade and shall be marked accordingly with deductions given for errors as listed in ISU Communications. No additional or un-prescribed elements may be added except for connecting steps.

513.6 The Competitive Pair Skating tests will follow the ISU requirements relevant to the current New Zealand domestic season, i.e. the next season's rules will come into effect six months earlier than internationally.

513.7 For tests 1 – 8, the candidate(s) shall receive Grades of Execution (GOE) marks for the elements and the GOE total is as listed for each test. Any element receiving a GOE of –3 must be re-skated (refer to Rule 505 regarding number of re-skates permitted for each test).

The presentation/performance of programmes shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate(s) must attain the minimum GOE total (sum of all GOEs awarded by a judge) and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

LIFT GROUPS

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|---------|--|
| Group 1 | Armpit Hold position |
| Group 2 | Waist Hold position |
| Group 3 | Hand-to-Hip position or upper part of the leg (above the knee) |
| Group 4 | Hand-to-Hand position (Press Lift type) |
| Group 5 | Hand-to-Hand position (Lasso Lift type) |

514 COMPOSITION OF A PAIR

Each Pair shall consist of a male and female skater.

515 TEST AS A PAIR

Each test will be judged as a Pair and not as individuals. A Pair test will pass or fail as a Pair. The Judges may examine only one Pair at a time. A partner who has previously passed the test is not affected by the failure of a test being attempted where they are acting as a partner. In a test where only one skater is being examined, a fall by the partner who is not being judged on a solo element, will not affect the GOE given for the element by the judge(s).

516 PAIR SKATING TESTS

TEST 1 PRELIMINARY MEDAL

Duration: 2 minutes 15 seconds +/- 10 seconds

- a) one (1) solo jump
- b) one (1) solo spin or solo spin combination (minimum of 4 revolutions);
- c) one (1) pair spin or pair spin combination (minimum of 3 revolutions);
- d) one (1) pivot figure
- e) One (1) choreographic sequence which includes at least one (1) spiral position of each partner (not a kick).

Minimum GOE Total: -2 total for the 5 elements

TEST 2 INTER BRONZE MEDAL

Duration: 2 minutes 30 seconds +/- 10 seconds

- a) One (1) solo jump
- b) One (1) jump combination or sequence
- c) One (1) solo spin or solo spin combination (minimum of 4 revolutions);
- d) One (1) pair spin or pair spin combination (minimum of 3 revolutions);
- e) One (1) Single Throw Jump
- f) One (1) choreographic sequence which includes at least one (1) spiral position of each partner (not a kick).

Minimum GOE Total: -2 total for the 6 elements

TEST 3 BRONZE MEDAL

Duration: 3 minutes +/- 10 seconds

- a) Two (2) different lifts of Groups 1 to 2, one arm holds are not allowed (in Group 1 and 2 full extension of the lifting arm of the partner is not required).
- b) One (1) twist lift (single)
- c) One (1) solo jump (single or double)
- d) One (1) solo spin (with change of foot eight (8) revolutions in total or without a change of foot minimum of five (5) revolutions in total) or one (1) pair spin (minimum of five (5) revolutions in total);
- e) One (1) pivot figure
- f) One (1) step sequence fully utilising the ice surface

Minimum GOE Total: -2 total for the 7 elements

TEST 4 INTER SILVER MEDAL

Duration: may not exceed 2 minutes 30 seconds

- a) One (1) solo single Axel Paulsen or any double jump
- b) One (1) lift selected from Group 2, 3 or 4
- c) One (1) Twist lift (single or double)
- d) One (1) Pair spin with at least one change of position (sit, camel, upright or any variation thereof) (minimum of six (6) revolutions)
- e) One (1) Death Spiral
- f) One (1) step sequence fully utilising the ice surface

Minimum GOE Total: -2 total for the 6 elements

TEST 5 SILVER MEDAL

Duration: may not exceed 2 minutes 50 seconds

- a) One (1) solo double jump
- b) One (1) throw double jump
- c) One (1) lift selected from Group 3 or 4
- d) One (1) Twist lift (single or double)
- e) One (1) Pair combination spin with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) (minimum of 6 revolutions)
- f) One (1) Death Spiral
- g) One (1) step sequence fully utilising the ice surface

Minimum GOE Total: -2 total for the 7 elements

TEST 6 INTER GOLD MEDAL

Duration: may not exceed 2 minutes 50 seconds

Choice of ISU Junior Short Programme requirement from the advised Groups.
Choice of group to be skated to be declared at time of test application.

Minimum GOE Total: -2 total for the 7 elements

TEST 7 GOLD MEDAL

Duration: may not exceed 2 minutes 50 seconds

Choice of ISU Senior Short Programme requirement from the advised Groups.
Choice of group to be skated to be declared at time of test application.

Minimum GOE Total: -2 total for the 7 elements

TEST 8 GOLD STAR MEDAL

Duration: four minutes thirty seconds +/- 10 seconds.

Both partners shall complete a programme of championship calibre and should move together in complete harmony showing a marked degree of pair unison and in good form with excellent expression of mood and rhythm of music, change of pace and full utilization of the ice surface. Harmonious steps and connecting movements in time to music should be maintained throughout the programme.

The programme follows the number of requirements for the ISU Senior Free Skate programme but must include at least the following elements:

- a) One double or triple twist lift
- b) One lift from Groups 3 or 4, with full extension of the lifting arm(s)
- c) One lift from Group 5
- d) One pair combination spin with at least one change of position and one change of foot (minimum six revolutions)
- e) One solo combination spin with at least one change of foot (minimum ten revolutions)
- f) One double or triple throw jump (maximum of two different throw jumps)
- g) One solo triple jump preceded by connecting steps and/or other comparable free skating movements)
- h) One solo jump combination or one jump sequence consisting of two different double jumps
- i) One forward outside death spiral
- j) One (1) step sequence fully utilising the ice surface

Minimum GOE Total: -5 total for the 12 elements

NOVICE COMPETITIVE PAIR TEST

Duration: may not exceed 2 minutes 30 seconds

- a) One (1) solo double jump
- b) One (1) lift selected from Group 3 or 4
- c) One (1) Twist lift (single or double)
- d) One (1) pair spin with at least one change of position of each partner (minimum of six (6) revolutions)
- e) One (1) Death Spiral
- f) One (1) step sequence fully utilising the ice surface

Minimum GOE Total: -2 total for the 6 elements.

NOTE: Pair spins must be a minimum of Level 1 and Solo spins must be a minimum of Level 2 in order to meet the standard expected for this grade.

JUNIOR COMPETITIVE PAIR TEST

Duration: may not exceed 2 minutes 50 seconds

As per ISU Junior Short Programme requirements for the Group as required in the current New Zealand season commencing 1st January.

Minimum GOE Total: -2 total for the 7 elements.

NOTE: Step sequences must be a minimum of Level 1 and spins must be a minimum of Level 2 in order to meet the standard expected for this grade.

SENIOR COMPETITIVE PAIR TEST

Duration: may not exceed 2 minutes 50 seconds

As per ISU Senior Short Programme requirements for the Group as required in the current New Zealand season commencing 1st January.

Minimum GOE Total: -2 total for the 7 elements

NOTE: Lifts must be a minimum of Level 1 and spins and step sequences must be a minimum of Level 2 in order to meet the standard expected for this grade.

517 REQUIREMENTS FOR PATTERN DANCE TESTS

517.1 Dances may be skated either as a couple or as a Solo, except for Competitive Dance tests which can only be taken by a couple consisting of two competitive skaters. Skaters may change from Solo test to partnered test and vice versa without having to repeat tests already passed.

517.2 Each pattern dance must be skated alone on the ice surface as follows:

a) For two sequences of the dance:

Starlight Waltz	Argentine Tango
Ravensburger Waltz	Tango Romantica
Yankee Polka	Golden Waltz
Austrian Waltz	Silver Samba
Cha Cha Congelado	Tango
Westminster Waltz	European Waltz
American Waltz	Midnight Blues
Swing Dance	
Finnstep	

b) For three sequences of the dance:

Viennese Waltz	Blues
Paso Doble	Dutch Waltz
Canasta Tango	Baby Blues
Willow Waltz	Canadian Cha Cha
Hickory Hoedown	Rhythm Blues
Golden Skaters' Waltz	Fiesta Tango
Ten Fox	Riverside Rhumba

c) For four sequences of the dance:

Rhumba	Fourteenstep
Foxtrot	Rocker Foxtrot
Quickstep	

d) For six sequences of the dance:

Kilian

517.3 The pattern dances shall be in accordance with the descriptions and diagrams contained in the current ISU Dance Regulations or available on the NZIFSA website (for non-ISU dances)

517.4 A candidate who is taking a Pattern Dance test need skate the test once only, and only one set of marks shall be awarded to apply to both candidates, who will then pass or fail together. However, a partner who has previously passed the test is not affected by failure in the test being tried where he or she is acting as a partner.

- 517.5 In cases where the partner already holds that test, after the candidate has skated the test dances with the partner, the Referee may request the candidate to solo skate any of the dances attempted (or part thereof).
- 517.6 Skaters may take individual dances as part tests (excluding the Novice Competitive test). This does not preclude a candidate from attempting an entire test at a test day. Those dances that are passed shall be credited towards the completion of the test and need not be subsequently re-skated when completing that test. Any dances failed may be re-skated after a three week waiting period. The full NZIFSA test fee shall apply to a part test or re-skate.
- 517.7 Skaters may choose to test all of the dances in a level. If skaters pass all of the dances on a level, they will be awarded that level with Merit. The dances may be taken all on the same day or individually to receive Merit for that level. A skater will only receive a dance level as a standard pass or a pass with Merit but not both.
- 517.8 Test 0 is marked on a Pass/Fail basis.
For tests 1 – 8, the skaters shall receive Grades of Execution (GOE) marks for the elements and the GOE total is as listed for each test. Any element receiving a GOE of –3 must be re-skated (refer to Rule 505 regarding number of re-skates permitted for each test). The presentation/performance of programmes shall be evaluated according to the following three-point scale:
- Exceeds standard expected at this level
 - Meets standard expected at this level
 - Below standard expected at this level
- In order for a test to be considered as a pass, the candidate must attain the minimum GOE total (sum of all GOEs awarded by a judge) from all judges and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

518 PATTERN DANCE TESTS

TEST 0 ELEMENTARY CERTIFICATE

Any two of the following dances to be skated (to be declared at the time of the test application):

Dutch Waltz
Canasta Tango
Rhythm Blues

TEST 1 PRELIMINARY MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application):

Swing Dance Minimum GOE Total: -2 total for the 4 sections
Fiesta Tango Minimum GOE Total: -1 total for the 3 sections
Golden Skaters' Waltz Minimum GOE Total: -1 total for the 3 sections

TEST 2 INTER BRONZE MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application):

Ten-Fox Minimum GOE Total: -1 total for the 3 sections
Willow Waltz Minimum GOE Total: -1 total for the 3 sections
Riverside Rhumba Minimum GOE Total: -1 total for the 3 sections

TEST 3 BRONZE MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application).

Foxtrot Minimum GOE Total: -2 total for the 4 sections
European Waltz Minimum GOE Total: -1 total for the 2 sections
Fourteenstep Minimum GOE Total: -2 total for the 4 sections

TEST 4 INTER SILVER MEDAL

Any two of the following dances (to be declared at the time of the test application):

Rocker Foxtrot	Minimum GOE Total: -2 total for the 4 sections
Tango	Minimum GOE Total: -1 total for the 2 sections
American Waltz	Minimum GOE Total: -1 total for the 2 sections
Kilian	Minimum GOE Total: -3 total for the 6 sections

TEST 5 SILVER MEDAL

Any two of the following dances (to be declared at the time of the test application):

Paso Doble	Minimum GOE Total: -1 total for the 3 sections
Cha Cha Congelado	Minimum GOE Total: -1 total for the 2 sections
Starlight Waltz	Minimum GOE Total: -2 total for the 4 sections
Blues	Minimum GOE Total: -1 total for the 3 sections

TEST 6 INTER GOLD MEDAL

Any two of the following dances (to be declared at the time of the test application):

Argentine Tango	Minimum GOE Total: -2 total for the 4 sections
Westminster Waltz	Minimum GOE Total: -2 total for the 4 sections
Quickstep	Minimum GOE Total: -2 total for the 4 sections
Silver Samba	Minimum GOE Total: -2 total for the 4 sections

TEST 7 GOLD MEDAL

Any three of the following dances (to be declared at the time of the test application):

Viennese Waltz	Minimum GOE Total: -1 total for the 3 sections
Yankee Polka	Minimum GOE Total: -2 total for the 4 sections
Rhumba	Minimum GOE Total: -2 total for the 4 sections
Austrian Waltz	Minimum GOE Total: -2 total for the 4 sections

TEST 8 GOLD STAR

Any three of the following dances (to be declared at the time of the test application):

Tango Romantica	Minimum GOE Total: -2 total for the 4 sections
Ravensburger Waltz	Minimum GOE Total: -2 total for the 4 sections
Golden Waltz	Minimum GOE Total: -2 total for the 4 sections
Midnight Blues	Minimum GOE Total: -2 total for the 4 sections
Finnstep	Minimum GOE Total: -2 total for the 4 sections

NOVICE COMPETITIVE DANCE TEST

Any two of the pattern dances announced in the ISU guidelines for Novice for that skating season. GOE Totals are as per the minimum GOE Total listed for those dances in the other dance tests. The couple must pass both dances on the same test session to be awarded a pass.

JUNIOR COMPETITIVE DANCE TEST

The Short Dance as announced by the ISU for Junior for that skating season. Minimum GOE Total: -2 total for the 5 elements.

NOTE: Spins and lifts must be a minimum of Level 2 in order to meet the standard expected for this grade.

SENIOR COMPETITIVE DANCE TEST

The Short Dance as announced by the ISU for Senior for that skating season.
Minimum GOE Total: -2 total for the 5 elements.

NOTE: Twizzles and spins must be a minimum of Level 2 and lifts a minimum of Level 3 in order to meet the standard expected for this grade.

519 REQUIREMENTS FOR FREE DANCE TESTS

- 519.1 For definitions and restrictions refer to the current ISU Regulations.
- 519.2 A candidate who is taking a Free Dance test need skate the test once only, and only one set of marks shall be awarded to apply to both candidates, who will then pass or fail together. However, a partner who has previously passed the test is not affected by failure in the test being tried where he or she is acting as a partner.
- 519.3 For tests 1 – 3, the skaters shall receive Grades of Execution (GOE) marks for the elements and the GOE total is as listed for each test. Any element receiving a GOE of –3 must be re-skated (refer to Rule 505 regarding number of re-skates permitted for each test). The presentation/performance of programmes shall be evaluated according to the following three-point scale:
- Exceeds standard expected at this level
 - Meets standard expected at this level
 - Below standard expected at this level
- In order for a test to be considered as a pass, the candidate must attain the minimum GOE total (sum of all GOEs awarded by a judge) from all judges and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

520 FREE DANCE TESTS

TEST 1 BRONZE MEDAL

Duration: three minutes +/- 10 seconds.

The content requirements are as per current ISU Rules for ISU Novice Free Dance
Minimum GOE Total: -3 total for all required elements.

TEST 2 SILVER MEDAL

Duration: three minutes thirty seconds +/- 10 seconds.

The content requirements are as per current ISU Rules for ISU Junior Free Dance
Minimum GOE Total: -3 total for all required elements.

TEST 3 GOLD MEDAL

Duration: four minutes +/- 10 seconds.

The content requirements are as per current ISU Rules for ISU Senior Free Dance
Minimum GOE Total: -3 total for all required elements.