

## NZIFSA – 2018 Ice Dance - SHORT DANCE ELEMENTS –

- Junior & Senior – *Tango or Tango plus one additional rhythm*

Grade	Lift Elements	Twizzles	Step Sequences	PD Element
<p><b>Junior</b></p> <p><b>Time:</b> 2:50 (+/- 10 sec)</p> <p><b>Falls:</b> -1.0</p> <p><b>Components:</b> SS / TR / PE / CH / IN</p>	<ul style="list-style-type: none"> <li>• 1 Short Lift               <ul style="list-style-type: none"> <li>- 7 seconds max</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Combination Set of Sequential Twizzles               <ul style="list-style-type: none"> <li>- Max one step between</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• 1 Step Sequence in Hold OR Not Touching OR a combination of both               <ul style="list-style-type: none"> <li>- Midline, diagonal or circular</li> <li>- Style B</li> <li>- One stop permitted</li> <li>- One retrogression permitted</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Two consecutive sections of Argentine Tango               <ul style="list-style-type: none"> <li>- To Tango Rhythm</li> <li>- 94-98 BPM</li> <li>- Either section may be first</li> <li>- Section 1 steps # 1-18 on judges' left side</li> <li>- Section 2 steps # 19-31 on judges' right side</li> </ul> </li> </ul>
<p><b>Senior</b></p> <p><b>Time:</b> 2:50 (+/- 10 sec)</p> <p><b>Falls:</b> -1.0</p> <p><b>Components:</b> SS / TR / PE / CH / IN</p>	<ul style="list-style-type: none"> <li>• 1 Short Lift               <ul style="list-style-type: none"> <li>- 7 seconds max</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Combination Set of Sequential Twizzles               <ul style="list-style-type: none"> <li>- Max one step between</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• 1 Step Sequence in Hold OR Not Touching OR a combination of both               <ul style="list-style-type: none"> <li>- Midline, diagonal or circular</li> <li>- Style B</li> <li>- One stop permitted</li> <li>- One retrogression permitted</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Two consecutive sections of Tango Romantica               <ul style="list-style-type: none"> <li>- To Tango Rhythm</li> <li>- 110-114 BPM</li> <li>- Section 1 steps # 1-27</li> <li>- Section 2 steps # 28-49</li> <li>- Section 1 must be first and on judges' left side</li> </ul> </li> </ul>